

## **SAFE FOODS / TREAT LIST**

*NOTE: The foods listed below are generally considered safe regarding nuts. However, labels should still be checked.*

*NOTE: Generally, anything from a store bakery, donut shop, ice cream shop, etc., may contain nuts due to cross contamination.*

<b><u>FRITO LAY BRAND</u></b>	<b><u>SUNMAID</u></b>
<i>Doritos</i>	<i>Raisins, Apricots</i>
<i>Cheetos</i>	
<i>Puffs &amp; Twisted Fritos</i>	<b><u>DOLE</u></b>
<i>Ruffles</i>	<i>Raisins</i>
<i>Lays Classic, Wavy &amp; Original chips</i>	
<i>Tostitos</i>	<b><u>MOTTS &amp; MUSSELMAN'S</u></b>
<i>Rold Gold Pretzels</i>	<i>Applesauce</i>
<b><u>NABISCO BRAND</u></b>	<b><u>HUNTS</u></b>
<i>Teddy Grahams</i>	<i>Snack Pack Puddings &amp; Gels</i>
<i>Wheat Thins – Original, Multigrain, veggie</i>	<i>Cheddar</i>
<i>Honey Maid Graham Crackers</i>	
<i>Triscuits</i>	<b><u>SUNKIST</u></b>
<i>Barnum's Animal Crackers</i>	<i>Fruit Snacks</i>
<i>Cheese Nips</i>	
<i>Fig Newtons</i>	<b><u>DEL MONTE &amp; DOLE</u></b>
<i>Nilla Wafers</i>	<i>Mixed fruit, fruit bowls</i>
<i>Premium Saltines</i>	
<i>Oatmeal cookies, plain &amp; iced</i>	<b><u>SUNSWEEP</u></b>
<i>Ginger Snaps</i>	<i>Apricots</i>
<i>Sugar Wafers</i>	
<i>Social Tea</i>	<b><u>KRAFT HANDI</u></b>
<i>Nabisco Ritz Crackers</i>	<i>Snacks pudding</i>
<i>Nabisco Ritz Sticks</i>	
<i>100 Calorie packs – Chips Ahoy, Oreo thin strips, Wheat Thins, Cheese Nips</i>	<b><u>KOZI</u></b> <i>Snack Puddings</i>
<i>Oreo Cookies – Original, Double Stuff, Cool Mint, Chocolate Crème'</i>	<b><u>JELL-O</u></b> <i>Gelatin, Pudding or Smoothie Snacks</i>
<i>Mini Chips Ahoy</i>	

<i>Chips Ahoy Chocolate Chip Cookies – original, Chocolate Chunk – <b>NOT white chocolate.</b></i>	<b><u>SORRENTO</u></b> <i>Shapesters &amp; Stringers</i>
	<b><u>THOMAS BRAND</u></b>
<b><u>PEPPERIDGE FARMS</u></b>	<i>Bagels, English Muffins, Pita Bread</i>
<i>Goldfish – Cheddar, Original, Parmesan, Pretzel &amp; Pizza</i>	
	<b><u>CANDY</u></b>
<b><u>KEEBLER BRAND</u></b>	<i>Haribo – anything made by Haribo</i>
<i>Wheat &amp; Cheddar Sandwich Crackers</i>	<i>Surf Sweets Natural Gummies &amp; Jelly Beans</i>
<i>Club &amp; Cheddar Sandwich Crackers</i>	<i>Vermont Nut Free Chocolates</i>
<i>Club Crackers – Original, Multigrain, Reduced Fat, Original</i>	<i>Amanda’s Own Sunbutter Cups</i>
<i>Club Crack Stick Snacks – Honey Wheat, Butter Herb</i>	<i>Skittles</i>
<i>Wheatables</i>	<i>Peeps</i>
<i>Grahams</i>	<i>Original Swedish Fish</i>
<i>Club Crackers</i>	<i>Altoids Mints, Original &amp; Cinnamon (not Chocolate variety)</i>
<i>Town House</i>	<i>Mikes &amp; Ike</i>
	<i>Hershey plain chocolate bars, personal size, NOT King or mini size</i>
<b><u>SUNSHINE</u></b>	<i>Hershey plain chocolate kisses, NOT king size or holiday/seasonal bags</i>
<i>Cheez-it Crackers</i>	<i>Hershey’s Chocolate Chips (Dark chocolate and milk chocolate)</i>
	<i>Wonka’s Nerds &amp; Nerds Rope</i>
<b><u>KELLOGG’S BRAND</u></b>	<i>Laffy Taffy, Runtts</i>
<i>Pop Tarts</i>	
<i>Mini-Wheats Cereal</i>	<i>Double Bubble Gum</i>
<i>Nutri-Grain Cereal Bars</i>	<i>Tootsie Rolls &amp; Tootsie Pops (anything made by Tootsie)</i>
<i>Raisin Bran</i>	<i>Junior Mints</i>
<i>Rice Krispie Treats – ORIGINAL only</i>	<i>Lifesaver Gummies</i>
<i>Rice Krispies Cereal</i>	<i>Smarties</i>
<i>Frosted Flakes</i>	<i>Sour Patch Kids</i>
<i>Fruit Snacks</i>	<i>Whoppers. Sweet Tarts. Bottle Caps</i>
	<i>Now and Laters</i>
<b><u>KRAFT</u></b>	<i>Dum Dum Lollipops</i>
<i>String-ums Cheese</i>	<i>Zours</i>
<i>Marshmallows</i>	<i>Pop Rocks</i>

<b><u>Candy Continued</u></b>	<i>York Peppermint Patties</i>
<i>Hot Tamales</i>	<i>Twizzlers</i>
<i>Red Vines</i>	<i>Rolos</i>
<i>Jolly Rancher hard candy (Beware: lollipops are made with shared equipment)</i>	<i>Starburst fruit chews, lollipops and jelly beans</i>